

## **Practitioner's day September 2005 Draft**

### Keynotes

**Maree O'Connor** on new research, advances in the field

**Dermatology**, trouble shooting; managing cellulitis, ulcers

**Update on sentinel node** clinical trial findings

Exercise, what does the literature say, what do experienced practitioners advise

Brief case studies, shortly & snappy 5 mins

Afternoon workshops choose 2 or 3

- Palliative care
- Treating ascites with L/O massage technique
- Genital oedema
- Up date on treating with growth hormones e.g. VEG C

### **Consumer day**

Blokes breakfast - genital oedema.

Women's breakfast - undergarments

**Maree O'Connor ...**

**Refresher on anatomy of lymphoedema.**

**Taking care of our skin, managing cellulitis,**

Workshops

- Garments, getting the most out of them, good fit
- Diet and weight management
- Issues for partners
- Taking care of our feet - podiatry
- Getting our wings back - flying and lymphoedema.
- Naturopathy and Wellness Therapies
- Exercise, what does the literature say, what do experienced practitioners advise